

# Arlington Anglers Fishing Club

## *Fishing Those Waters All Year Round*

By Bob Diebold

Last month we talked about the fishermen who spend the winter season hitting all of the fishing shows around Chicago land or relegate their Saturdays watching Babe Winkelman on their favorite cable channel from their easy chair. We also identified that percentage of fishermen who are willing to brave the elements and freezing Mid-west winters to venture on to the ice. Well, there is another alternative.



In January, the Anglers heard a great seminar on shore fishing Lake Michigan and surrounding tributaries by Cory Yarmouth. Cory shared his techniques and spots, enabling him to harvest some big fish all year around. He likes to venture out on the creeks and rivers during mid-winter when the fishing pressure is low and the white snow- filled scenery is beautiful.



Guide and outdoor writer, Cory Yarmouth, show his flexible 9 foot spinning rod set-up used for winter steelhead in Lake Michigan tributaries..  
PHOTO BY: ARLINGTON ANGLERS

One can fish the Root River in Wisconsin or the St. Joe in Michigan, but some of Cory's favorite winter secret spots for steelhead are on the Salt Creek and Trail Creek in Indiana. Get yourself a good map, showing public access locations. Look for some unique features that may hold fish like down current side of bridge abutments, sharp turns, rocks/boulders, etc. Wash-outs with big overhangs on the outside bank of sharp turns are fish magnets. If you can't find any of the above features, look for HOLES. They don't have to be really deep, just a 1-2 foot difference to the river bed can attract and hold fish.

Cory has also developed a system for river fishing with spinning set-ups. Use a long rod with a whippy tip to get over trees and branches. Use a single hook that can be tumbled over that wood and not get caught repeatedly like that treble hook. Experiment with bait, lures, and different color spawn sacks. Try different floats and weights on your line to keep the bait presentation as natural as possible,

i.e. drifting the bait along the same speed as the water down by the fish (not the surface water).

Cory Yarmouth is an experienced angler and outdoor writer. Cory's articles can be found in the likes of Midwest Outdoors, Outdoor Notebook and various other publications.

February or March is a great time to seek out and try out a new fishing club after you hit the big fishing shows. You have a no-risk opportunity to see first hand what a club can do for you. Attend our Arlington Angler's meeting February 15<sup>th</sup>. We'll have a seminar and demo on Rod Building and Reel Repair from Coren's Reel Service of Chicago.

### **Upcoming dates to remember:**

- Feb 5 - Outing at Pistakee Bay
- Feb 15 - Meeting – Speaker and Demo by Coren's Rod & Reel Service
- Feb 19 - Channel Lake
- Mar 5 - Outing at Bangs Lake
- Mar 12 - Fishing Flea Market at Rolling Meadows High School
- Mar 15 - Meeting and Speaker – 40 Cook County FP Lakes to Fish

Come to one of our meetings to find out more about our club, activities and outings. Meetings are held on the third Tuesday of every month from 7:00 to 9:00 PM. We meet at Dick's Sporting Goods (lower level) in the Streets of Woodfield Shopping Center, Schaumburg, IL. Door prizes, speaker, raffles, fishing reports: Give it a try!

**For further information contact our President, Tom Curtin at 312-560-9876 or visit our website at <http://www.arlingtonanglers.com>**